

Football Club Partnership Programme

Introduction

Hainault Health Clinic (HHC) is a CMA-recognised recovery therapy clinic accredited by The Complementary Medical Association. Our services are led by **Mr. Meelad Hamdard, BSc, MCMA**, our Accredited Lead Practitioner.

Purpose of Partnership

This programme outlines how HHC partners with football clubs to provide structured, high-quality recovery treatments that enhance performance and support player wellbeing.

Treatments & Services Provided

- Athlete recovery treatments addressing tightness, soreness, inflammation, and recurring injuries.
- Performance and mobility enhancement sessions.
- Individualised player assessments and season-long tracking.
- Priority booking availability for partnered club players.
- Ongoing clinical support throughout the season.

Preferential Pricing for Partnered Clubs

The athlete recovery session is priced at **£40 exclusively for registered Club players**. This reduced rate was **proposed by the Complementary Medical Association (CMA)** to ensure affordability and enhance player welfare across grassroots football.

The club is not responsible for covering any treatment costs. Each player pays for their own session, and must enter their team's **unique Club Code** at the time of booking to receive the reduced £40 rate.

The standard public price is **£65**, meaning partnered club players receive a significant and meaningful discount.

Partnership Operation

- Clubs may direct players to book sessions directly through HHC.
- Each team will receive a **unique Club Code**, required at booking to confirm eligibility and apply the discounted rate.
- Priority treatment slots ensure players can receive support between matches and training sessions.
- Communication between club staff and the Clinic ensures continuity of care.

Non■Exclusivity

This partnership model is based on a **CMA proposal designed to empower equality and welfare** across all clubs. HHC collaborates with multiple clubs and leagues and is **not bound exclusively to any single organisation**.

HHC is the only clinic delivering this programme in collaboration with the CMA, ensuring equal access to accredited, welfare■focused athlete recovery services.

Long■Term Benefits for Clubs

- Reduced injury recurrence and improved player availability.
- Enhanced mobility and physical readiness supporting performance.
- Access to an accredited and clinically recognised recovery provider.
- A professional club environment prioritising welfare and performance.

Summary

HHC is committed to delivering professional, accredited, and affordable recovery services to football clubs across London. This partnership provides long■term value aimed at improving player wellbeing and strengthening team performance.

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